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Note

# Determination of a new muscle relaxant (HY-770) in human serum by gas chromatography-mass spectrometry

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HY-770 [( $\pm$ )-4'-ethyl-2-methyl-3-(1-pyrrolidinyl)propiophenone hydrochloride, I, Fig 1] is a newly synthesized central-acting muscle relaxant, which induces potent muscle relaxation and has relatively weak depressant action on the central nervous system (CNS) [1,2]

Studies on the disposition of I in rats indicated that the compound was well distributed into various tissues, including the CNS, and that the main metabolic pathway was oxidation of the 4'-ethyl side-chain of benzene ring and





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reduction of the ketone group [3] Because of the extensive metabolism of this compound, a sensitive and accurate analytical method is required for pharmacokinetic studies in human serum.

This paper describes a sensitive assay for determination of I in human serum by gas chromatography-mass spectrometry (GC-MS).

## EXPERIMENTAL

#### Materials

Compound I and the internal standard (Fig. 1) were synthesized in our laboratory. Isobutane (purity > 99%), the reagent gas for GC-MS, was purchased from Seitetsu (Osaka, Japan). Other reagents were commercially available and of analytical-reagent grade.

### Extraction procedure

To 5 ml of serum, 2.5 ml of internal standard solution (10 ng/ml in aqueous solution) and 5 ml of 0.5 M phosphate buffer (pH 7.0) were added. Samples were then extracted with 12.5 ml of *n*-hexane containing 3% 2-propanol in a reciprocating shaker for 5 min. After centrifugation (1500 g for 5 min), the organic layer was carefully transferred into another extraction tube and evaporated to dryness under reduced pressure. The aqueous layer was re-extracted with 12.5 ml of *n*-hexane containing 3% 2-propanol. The organic layer was transferred into the same extraction tube as the previous organic phase. Then 5 ml of 0.1 M hydrochloric acid were added to this tube, which was shaken for 5 min (back-extraction). The organic layer was discarded after centrifugation (1500 g, 5 min) The residual aqueous phase was adjusted to pH 7.0 with 0.5 ml of 1.0 M sodium hydroxide and 5 ml of 0.5 M phosphate buffer (pH 7.0)

Samples were then re-extracted twice with 12.5 ml of *n*-hexane containing 3% 2-propanol The combined organic layer was transferred to another tube and evaporated to dryness under reduced pressure. The residue was completely dissolved with 1 ml of methanol, which was evaporated again for the purpose of concentration. A 0.1-ml volume of methanol was added to the residue twice, and the resultant aliquot was then transferred to a 300- $\mu$ l microvial After evaporation, the residue was finally dissolved in 20  $\mu$ l of methanol, and a 1- $\mu$ l aliquot was injected into the chromatograph.

#### Chromatographic conditions

GC-MS was carried out on a JMS DX-303 system, consisting of a GCG-06 gas chromatograph and DA5000 data system (JEOL, Tokyo, Japan). The GC column was a fused-silica DB-1 capillary ( $5 \text{ m} \times 0.53 \text{ mm I D}$ , J & W Scientific, Rancho Cordova, CA, U.S A.). Helium was used as carrier gas of a flow-rate of 20 ml/min, and isobutane at a pressure of ca  $1 \cdot 10^{-5}$  Torr was used for the chemical ionization (CI) reagent gas. The temperatures of the column oven,

injector port, separator and ion source were 155, 150, 300 and  $200^{\circ}$ C, respectively. The ionization energy was 200 eV

### Selected-ion monitoring (SIM)

Fig. 2 shows the CI mass spectra of I and the internal standard In both instances, the base peak  $(MH^+ - 71)$  was chosen for SIM  $(m/z \ 175 \ and \ 203)$ . The peak-area ratios of I to the internal standard were used for further calculations.

# Human studies

The described procedure was used in the quantitative assay of I in the serum of the healthy volunteers after oral administration of I at a dose of 100 mg (two



Fig 2 CI mass spectra of (A) I and (B) the internal standard

50-mg tablets). Blood samples were collected before and 0.5, 1, 2, 3, 4, 6 and 8 h after dosing. Serum samples were immediately frozen until analysis.

#### RESULTS AND DISCUSSION

#### Extraction and recovery

Because I in aqueous solution decomposes readily above pH 8.0 [4], it was extracted at pH 7 0 from serum samples The addition of 3% 2-propanol in the hexane prevented emulsion formation. The extraction recovery of I by *n*-hexane containing 3% 2-propanol from serum samples was ca. 70%, so serum samples were extracted twice to improve the recovery. Neutral interfering components were eliminated by back-extraction with 0 1 M hydrochloric acid. After two further extractions from 0.1 M hydrochloric acid solution to improve the overall recovery and the sensitivity, the extracts were concentrated by three steps and the residue was dissolved in 20  $\mu$ l of methanol. The overall recovery of the assay procedure was 73.9 ± 2.3% for I and 83.8 ± 1.6% for the internal standard.

### Interference studies

We have already identified six main metabolites (M2, M3, M4, M6, M8 and M9) of I [3]. The interference of the metabolites with the analysis of I was studied, and the metabolites were shown not to interfere. That is, M3, M4, M6 and M8 had no fragment peak at m/z 175 and 203 (Table I). Although both M2 and M9 had a fragment peak at m/z 175, they were not extracted and did not elute under the same chromatographic conditions, even if a small amount of M2 and M9 was extracted.

Fig. 3 shows the SIM chromatograms of blank serum, serum spiked with 5 ng/ml I and 5 ng/ml internal standard and a typical serum sample (1 h) from a healthy volunteer given 100 mg of I. No interfering peaks from endogenous compounds were observed when blank serum was assayed. The retention times of I and the internal standard were 2 and 4 min, respectively.

### Chromatography and detection

Capillary GC using a bonded methylsilicone stationary phase was used to chromatograph I and the internal standard. Detection was done by CI mass fragmentation using isobutane as reagent gas. Selected-ion profiles were acquired for the base-peak fragments of I  $(m/z \ 175)$  and the internal standard  $(m/z \ 203)$ , which originated from the pyrolysis products, 4'-ethyl-2-methyl-acrylophenone and 4'-isobutyl-2-methylacrylophenone, respectively

Initial experiments using conventional packed-column chromatography with a stationary phase (3% OV-225, Gasukuro Kogyo, Tokyo, Japan) were unsatisfactory owing to the thermal decomposition of I. A substantial decomposition

MASS SPE	<b>CTRAL DATA OF METABOLITES OF I</b>		
Metabolite	Structure	MM	m/z of molecular and characteristic ion (relative intensity)
M2	$HOOC - CH - CH - CO - CH - CH_2 - N $ OH $CH_3$	291 35	221 (100 0), 203 (18 5), 175 (57 8), 72 (73 6)
M3	$\begin{bmatrix} CH_2 - CH & (1 - V) \\ 0H & 0H \end{bmatrix} = \begin{bmatrix} CH_2 - CH - CH_2 - N \\ CH_3 \end{bmatrix}$	277 36	278 (MH <sup>+</sup> , 59 6), 260 (27 6), 207 (58 4), 189 (24 5), 84 (100 0)
M4	HOOC	263 34	264 (MH <sup>+</sup> , 100 0), 84 (16 1)
M6	ноос	261 32	262 (MH <sup>+</sup> , 11 5), 191 (100 0), 84 (10 3)
M8	$CH_{3} - CH_{3} - CH_{3} - CH_{3} - CH_{3} - CH_{3} - H_{3} $	261 36	262 (MH <sup>+</sup> , 60 8), 244 (18 4), 191 (36 6), 173 (7 2), 84 (100 0)
6W	сн <sub>3</sub> —сн <sub>2</sub> – сн <sub>2</sub> – со – сн – сн <sub>2</sub> – и – сн <sub>2</sub>	277 36	260 (MH <sup>+</sup> – H <sub>2</sub> O, 66 9), 175 (100 0), 133 (41 3)

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**TABLE I** 



Fig 3 SIM chromatograms of serum extracts (A) drug-free serum, (B) serum to which known amounts of I (25 ng) and internal standard (25 ng) were added, (C) serum of healthy volunteer given 100 mg of I orally (subject 5, 1 h) Peaks I S = internal standard, HY-770 = compound I

#### TABLE II

REPRODUCIBILITY AND ACCURACY IN THE DETERMINATION OF I IN SPIKED HU-MAN SERUM SAMPLES

Concentration added (ng/ml)	Concentration found (mean $\pm$ S D, $n=6$ ) (ng/ml)	Coefficient of variation (%)	
02	0 191 ± 0 023	12 0	
05	$0.514 \pm 0.023$	4 5	
20	$2006\pm 0051$	2 5	
50	4 996±0 169	34	

product, 4'-ethyl-2-methylacrylophenone, was detected as an early eluting chromatographic peak when m/z 175 was monitored.

#### Sensitivity, accuracy and precision

The calibration curve was linear over the range 0.1-10 ng/ml, and the linear regression analysis yielded the equation  $y=0.1161(\pm 0.0046 \text{ S.D.})x+0.0023$   $(\pm 0.0087 \text{ S.D.})$  (n=5) The correlation coefficients were 0.9993-0.9999 The limit of detection was ca 0.1 ng/ml at a signal-to-noise ratio of 2, which corresponds to ca. 25 pg of I injected.

The accuracy and precision of the method were studied by analysing six identically spiked serum samples at concentrations of 0 2, 0.5, 2 and 5 ng/ml (Table II). The coefficient of variation (C.V.) was relatively high at 0 2 ng/ ml, but satisfactory at other concentrations.



Fig 4 Time course of serum concentration in healthy volunteers receiving 100 mg of I ( $\bullet$ ) Subject 1, ( $\bigcirc$ ) subject 2, ( $\blacktriangle$ ) subject 3, ( $\bigtriangleup$ ) subject 4, ( $\blacksquare$ ) subject 5, ( $\Box$ ) mean $\pm$  standard error of the mean

#### Human kinetics

The time course of the serum concentration of I in healthy volunteers following a single oral administration (100 mg) of I after overnight fasting is shown in Fig. 4 The average maximum serum level (ca 3 ng/ml) occurred 1 h after dosing, and the serum level declined with a half-life of ca. 15 h There were large inter-subject variations in the kinetic profiles, as are commonly seen with drugs that are extensively metabolized and undergo first-pass metabolism [5]. These results demonstrate that the analytical procedure described here has adequate selectivity and sensitivity for human kinetic studies.

Studies on the development of a method for the simultaneous quantitative analysis of the metabolites of I are in progress.

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